

YOUR CHILD'S DEVELOPMENTAL MILESTONES GUIDELINES

Prepared by
Headstart Academy Academic's Division



FOR SPECIAL NEEDS CHILDREN

6
months

9
months

12
months

18
months

2
years

3
years

Social/Emotional



- | | | | | | |
|--|---|---|---|---|---|
| <ul style="list-style-type: none"> • Able to smile or make any sounds in response to people | <ul style="list-style-type: none"> • Shows enjoyment with others through eye contact or expression | <ul style="list-style-type: none"> • Notices someone new • Participates in early turn-taking games such as peekaboo, rolling a ball | <ul style="list-style-type: none"> • Motivated by play and interaction with others | <ul style="list-style-type: none"> • Plays with toys for their purpose (cuddle doll, build blocks) | <ul style="list-style-type: none"> • Starts to engage in pretend play • Interested in other children • Recognises and understands basic emotions |
|--|---|---|---|---|---|

Communication



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|---|--|---|---|--|--|
| <ul style="list-style-type: none"> • Starts to babble (e.g. aahhh, oooh) | <ul style="list-style-type: none"> • Uses gestures to communicate (e.g. pointing, waving) • Uses 2 part babble (e.g. gaga, mama) | <ul style="list-style-type: none"> • Starts babbling phrases that sound like talking • Responds to familiar words | <ul style="list-style-type: none"> • Starts using familiar words clearly • Understands short requests (e.g. Where is the ball?) | <ul style="list-style-type: none"> • Has at least 60 words • Starts to put words together (e.g. "Push car") • Most of what is said is easily understandable | <ul style="list-style-type: none"> • Speech is easy to understand • Uses simple sentences (e.g. "Big car go!") |
|---|--|---|---|--|--|

Cognition and Fine Motor



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|---|---|--|---|---|--|
| <ul style="list-style-type: none"> • Starts to reach and hold toys | <ul style="list-style-type: none"> • Able to hold and/or release toys • Able to move toy from one hand to another <small>with an adult's help</small> | <ul style="list-style-type: none"> • Able to start on solid food • Able to use index finger and thumb to pick up small items | <ul style="list-style-type: none"> • Able to hold or scribble with crayon • Able to stack at least 5 blocks | <ul style="list-style-type: none"> • Cooperates in performs simple self-care tasks (e.g., feeding, dressing) | <ul style="list-style-type: none"> • Able to carry out simple self-care tasks • Able to manipulate small objects (e.g. lacing beads) |
|---|---|--|---|---|--|

Gross Motor



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|--|---|---|--|---|---|
| <ul style="list-style-type: none"> • Able to roll • Able to hold own head and shoulders up when on tummy | <ul style="list-style-type: none"> • Sits without support • Able to carry out creeping and/or crawling motion • Able to stand upright when | <ul style="list-style-type: none"> • Able to stand while holding on to furniture | <ul style="list-style-type: none"> • Attempts to walk without support | <ul style="list-style-type: none"> • Able to run • Uses stairs while holding on • Able to throw a ball | <ul style="list-style-type: none"> • Runs smoothly • Able to walk up and down stairs • Starts to kick or throw a ball • Able to jump with 2 feet simultaneously |
|--|---|---|--|---|---|

Red Flags at any age

- Not achieving the developmental milestones
- Strong concerns from parent
- Significant loss of skills
- Lack of response to surroundings
- Poor interaction with others
- Lack of eye contact
- Loose or floppy movement (low tone) or stiff and tense (high tone)



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KPJ Damansara
Consultant Paediatrician

If you notice any red flags or have any concerns about your child's development

COME & SEE US!

COME & VISIT US

FOR A CONSULTATION

IF YOUR CHILD HAS THESE CONDITIONS/ SYMPTOMS

Our Dedicated Team is Ready to Help!



Autism/ ADHD

Is your child being diagnosed with Autism/ ADHD?

Suitable service(s) offered:
EIP | School Readiness Program | Therapies



Picky Eater

Is your child a picky eater?

Suitable service offered:
Behavioural Therapy



Sensory Issues

Is your child have sensory issues?

Suitable service offered:
Occupational Therapy



Speech Issues

Is your child have a communication issues?

Suitable service offered:
Speech Therapy



Learning Difficulties

Is your child have learning difficulties?

Suitable service offered:
Behavioural Therapy | Occupational Therapy



Behavioural Issue

Is your child has behavioural issues?

Suitable service offered:
Behavioural Therapy



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